

It Has Happened Right Here!

The bombing of Britain cost 41,900 lives during the past 18 months. During the same period, 51,760 lives were lost in traffic "Over Here." It's evidently easier to dodge falling bombs than speeding automobiles.

Switzerland is only about three-fourths self-sufficient in foodstuffs.



stretch your food dollar
Buy WILSON'S Tender Made Ham
no costly cook shrink!



GOOD WILL BUILDERS

You will find more "good will" builders of the Torrance and Lomita district represented in today's "People You Should Know." Read their names carefully. They are the men and women who are "Our Invited Guests" by the Contest Editor. They have earned their laurels by service, honor, reputation or other standard qualifications or their names would not be placed in our records at Washington, D. C. No one has been selected because of power or wealth. They are the "People You Should Know," known as the "Get Up and Go Crowd."

"The most precious thing anyone, man or store, anybody or anything, can have is the good will of others. It is something as fragile as an orchid, and as beautiful! As precious as a gold nugget—and as hard to find. As powerful as a great turbine, and as hard to build. As wonderful as youth—and as hard to keep."

Be looking for splendid stories on George L. Fresinius, Mrs. Hallie Fletcher, James J. Lynch, Lula Cutsinger, Kozy Trailer Camp, Rev. and Mrs. Robt. Jearls, George W. Brooksby, M. B. Bruzelius and Mrs. Lottie Waugh.

Gilmeister Expects To Use Broken Leg in Few Weeks

L. J. Gilmeister, former secretary of the Torrance Chamber of Commerce, is still confined to his bed at his home in Los Angeles, making a slow recovery from a broken leg suffered several months ago as he was assisting Mrs. Gilmeister in moving from Torrance.

The cast was removed from his leg a week ago but it will be two weeks more before he can begin use of the limb. "Gil" is otherwise in good condition, cheerful and very anxious to begin working on several positions he has had offered him.

He sends his regards to all his friends in this community and thanks them for their assurance of "kind and often thoughts of our friendship."

LIKE SOME PEOPLE

Drunk pig tips off a Kentucky still, and a bright commentator refers to it as "a case of following the pickled pig's feet."

No, No, November
By Ogden Nash

(Reprinted from December Cosmopolitan)

Thirty days November hath, Unfit for human living, Including one Election Day, And a double-yolk Thanksgiving. An encouraging month November is For burglary and mayhem; It's night for most of the afternoon, And P.M. most of the A.M. There may be virtues in November, But if there are I can't remember.

Alleged Forger Returned Here

Charged with forgery of checks Milton B. Rice, 57, of Inglewood, was returned Monday from San Diego by Police Chief John Stroh. He is accused of the asserted forgery in connection with his work as a representative of a lodge publication.

Rice was released on \$250 cash bail after arraignment and will have his preliminary hearing on November 17.

India is the foremost world producer of peanuts.

11 Patients Enter Hospital

Eleven patients, including three motor accidents victims, were received at Torrance Memorial hospital during the past week. The accident cases were Mrs. Alberta Holland, 1750-B Marina; Nicholas Lazarro, 12, of 21020 Valerie st., and Hawn Sawatzke of Hanford, Calif., accounts of whose mishaps are published elsewhere in this issue.

Other patients-of-the-week were: Harvey Crawford, Redondo Beach, who entered Nov. 3 for medical care; Mrs. Edna Lowrey, Manhattan Beach, Nov. 3 for surgery; Mrs. Kathryn Musulin, Redondo Beach, Nov. 4 for medical care, and Mrs. Bessie Morse, 1852 220th st., Oct. 30 for surgery.

Larry O'Keefe, Los Angeles, Nov. 4 for surgery; Mrs. Helen Tyler, Long Beach, Oct. 31 for surgery; Raymond D. Ward, Redondo Beach, Oct. 29 for medical care and John Roy Winters, 1210 El Prado, Oct. 29 for surgery.

Japanese-American Citizens to Meet Here

The Gardena Valley Japanese American Citizens League is sponsoring a Southern District council meeting to be held at the American Legion hall in Torrance, Sunday, Nov. 9. Luncheon will be served at 12 noon, according to Fred Ikeguchi president of the host chapter.

A number of local civic leaders have been invited to attend, it is announced by Kay Nakahara, secretary of the Gardena unit.

The man power of the United States Marine Corps has passed the 50,000 mark and is heading for an authorized strength of 75,000 by midsummer of 1942.

Aussies Like These Help Hold the Fort at Tobruk



Typical of tough, small band holding Tobruk against Axis forces in blazing North Africa desert siege are these three hearty Australians. Long cut off, except by sea, Tobruk's defenders are believed due for rescue because of ambitious British preparations under way. From left, Private J. Collins, Corporal J. Munn, a grizzled veteran, and Private C. Howley, whose battered pipe gives evidence of discomforts' he's cheerfully enduring.

DIARY of a BEAUTY AUTHORITY
by Helena Rubinstein

By HELENA RUBINSTEIN. This is the second in a series of articles by Helena Rubinstein, world famous beauty authority, offered as a special feature to women readers of this newspaper.

NEW YORK . . . I wonder why most women think that exercise is hard work. When I told Mrs. Curtis this morning that she couldn't hope to lose weight healthfully by dieting alone, and that I would give her some exercises to do at home, she made a wry face and said: "Exercise makes me so terribly tired, Madame Rubinstein. Isn't there some easier way?"

Well, as a matter of fact, exercise can be as easy and relaxing as rolling in the sun. A good exercise routine is never tiring. On the contrary, it relaxes and at the same time limbers the muscles and takes weight off in specific spots.

Here is a pretty near perfect diaphragm routine:

Lie on the floor, pressing the back to the floor, bend the knees and lift the body high off the floor till a pull is felt in the diaphragm muscles. Relax and repeat ten times.

Exercise While Working. And this is one I frequently recommend for reducing waist, line and hips:

Press the back against a wall, elbows and hands held against wall. Bend to the floor and stretch up again, pressing back against wall.

Another reason women give for not exercising regularly is lack of time. Of course, it is practically impossible for a busy homemaker to take time out during the day and interrupt her duties in order to exercise. But she needn't do this at all. She can exercise while she is doing her work and make her household chores work for her.

Every time she lifts an object from the floor she can make that a good posture exercise if she bends from the hips, keeping her back in a completely straight line, head straight, and hips tucked under. When she dusts, she could reach over the chair back and as far down the chair legs as she can, trying to make a space between her diaphragm and the chairback.

This will tighten the stomach muscles and help to correct sway back. When she sweeps, she should begin by lifting the broom overhead, stretching arms out wide along the handle, feet apart, chest out and the stomach flat. In sweeping, she could use long rhythmic strokes.

Must Live Beauty Always. Then there are ways to turn even such humdrum tasks as polishing, and hanging curtains into figure-improving exercises. In polishing a floor, stretch out and back, as far as possible, to trim down the hips and take

inches off the waist. The correct way to hang curtains: stand on toes, hips tucked under, stomach in, weight held balanced with thigh muscles.

These "Living Exercises" are my favorites, because in addition to keeping the figure slender and graceful, they teach a woman to make beauty a part of her life. What a mistake it is for a woman to set aside an hour or so now and then for beauty care if she neglects herself all the rest of the time. In order to be beautiful, you must live beauty—all the time.

If you would like to receive Madame Rubinstein's complete series of Living Exercises, you may do so by writing to Helena Rubinstein, care of this paper.

Next Week: A Beauty Treatment for the Young Skin.

CALIFORNIA SPEAKS!
Significant Statements by Interesting Californians

DR. DINSMORE ALPER, Griffith Observatory Director.—"It is scientifically possible to send objects to the moon now. Man's first visit to the moon will come within the next hundred years."

LEO VINGO, Berkeley pound master, broadcasting appeal for owner to claim strayed mare.—"The city can't stand the expense. Why, that mare eats like a horse."

MRS. J. CHARLES TIGHE, president of Women's Safety League of Northern Calif.—"Our American motorists killed more people on our highways in 1940 than were killed by German bombers in all England in the year of the big blitz."

GEORGE L. KILLION, State director of finance.—"A great deal of planning must be done to forestall the possibility of ghost cities, deflating real estate values, reduced revenues and a back-breaking relief load when the defense period comes to an end."

ROYCE BRIER, S. F. columnist.—"Somewhere in the Russian Army there is a magnificent stamina and a magnificent cohesion. Long hence the histories will remark this—not of Stalin, not of Timoshenko, not of Boshovskis, but of the Russian fighting man."

PATTERSON TO TALK. Lt. Gov. Ellis E. Patterson is scheduled to address the Southwest District Highways Association on legislative matters at the dinner-meeting to night, (Thursday) at the Los Angeles Municipal Airport cafe.

Youngest



At 28, William J. Cecil became youngest state director of agriculture ever appointed in California. He was a marketing specialist in Federal and State Agricultural Departments.

Vocational Training Studies No Guarantee Of Draft Deferment

Brigadier General Joseph O. Donovan, state director of selective service, this week warned California registrants not to be misled by the representation of solicitors of short term vocational training schools that they will gain deferment by enrolling in such schools.

"It has come to the attention of State Headquarters that some schools are making representations to registrants that by enrolling in a vocational training school a registrant will be deferred from training and service under the Selective Training and Service Act.

"It is unfortunate that solicitors are resorting to this practice since no person can guarantee deferment to a registrant. Only the local board having jurisdiction over the registrant is vested with authority to grant deferment and classification can be determined only after it has actually been made by the local board."

\$100 in Chickens Stolen Here Last Weekend, Police Told

Well, well — Thanksgiving is just about here, Torrance police opined last weekend without even looking at the calendar.

Four Torrance chicken fanciers had reported thefts of birds totalling nearly \$100.

Guadalupe Orozco, Torrance Blvd., resident, reported 50 of his Rhode Island reds were seized, and in the South Torrance district Mrs. P. M. Cave said she lost six Rhode Island reds; L. E. Gibson, eight; and Mrs. A. J. Fitzgerald, seven.

Drivers who stare at the scenery sooner or later find themselves in for a long spell of staring at the ceiling.

Chemical treatment of wool to resist attack by moths is being studied at the national bureau of standards.



By AILEEN MOSHER

CHILDREN'S BOOK WEEK . . . Nov. 2 to 9, National Book Week celebrates its 23rd anniversary. Originating in 1918 as Children's Week, its object was to dramatize and intensify national interest in children's reading. Since this time, however, it has gradually assumed a broader field, being called "Good Book Week." It is still dedicated primarily to boys and girls and their books, though. Such slogans as "More Books in the Home," "The Right Book for the Right Child," "Good Books — Good Friends," and this year's slogan, "Forward With Books," are all thoughts that deserve attention.

Today, Nov. 6, has been declared Public Library Day, and it is the wise parents who on this day as well as the other days of this week, devote their attention to the recommendations and displays of their local libraries and book stores. This week is the proper and opportune time for you to make your Christmas selections for the young and the old. And now for a few recommendations.

AN AMERICAN A B C — By Maude & Miska Petersham: Most parents are already familiar with the beautiful books by the Petershams. The first printing of 15,000 copies of "An American A B C" was sold out immediately after publication, which is recommendation in itself. Another printing is under way, and your Christmas orders should be placed now. The book is a lesson for the oldsters as well as the youngsters. Each page is devoted to a letter of the alphabet with a little story. Such as "A is for America, The Land I Love." "F is for Freedom, that precious thing for which Americans stand." "D is for Daniel Boone." "Lincoln, Honest Abe Lincoln, is what L is for." These are only four of the 26 pages of text. Each page has under the lead line, a short story of Lincoln, or of what freedom is, or who Daniel Boone was, and so on. The adjoining page has full size illustrations in beautiful color. "An American A B C" is an invaluable book for the youngsters, offering them opportunity to learn patriotism and history as well as their A B C's.

THE GRAY WOLF STORIES By Peter Gray Wolf: These are entrancing Indian mystery tales for children from six to ten. The next time your children ask you to read them a story, thrill them with the absorbing folk stories written by Peter Gray Wolf and offered in his book.

DUSTY DESERT TALES by Luise McKee & Richard Sumner: Each Indian tribe has its own legends on how the earth came into being. The stories of the Indians of the Southwest are written in this entertaining and educational book. The authors have used their own judgment in combining, selecting, and compressing the stories so they will be most enjoyed by the children from eight to 12. The legends of the earth, moon, sun, stars, rain and thunder are offered in this book that will prove exciting for boys and girls alike. The illustrations by J. Powell Scott are excellent.

PADDLE-TO-THE-SEA by Holling C. Holling: One day a little Indian boy carved from wood a tiny canoe with a miniature in it. He carved on the bottom of the boat, "Please put me back in the water. I am Paddle-To-The-Sea." And so parents and children alike will enjoy Paddle's excursions from a snow bank to the sea, via rivers and streams and lakes with stops at saw mills, swamps, and the vividly colored pictures of his experiences are thrilling.

More than four times the total purchases during the World War (April, 1917 to June, 1918) were spent by the navy's bureau of supplies and accounts during the last fiscal year. Total \$2,196,980,630.61.

"HOORAY—NO MORE TOUGH PIE CRUST!"

NEW! CRISCO'S SURE-FIRE METHOD... EASY AS A-B-C

(A) Now—no guesswork—exact measurements
Double-Crust measurements: Mix 2 cups of sifted flour with 1 teaspoon salt in mixing-bowl. Put 1/2 cup of this flour into small bowl and mix in 1/4 cup water to form a paste.

(B) Next—the blending step—easy with Crisco
To the remaining 1 1/2 cups of flour add 1/2 cup Crisco (creamy, easy-blending). Cut in Crisco (with knives, fork or blender) till the pieces are the size of small peas.

(C) Here's the final step to Flakier Pies
Add flour-paste to Crisco-flour mixture. Mix thoroughly until the dough comes together and can be shaped into a ball. Divide in half—roll out both crusts about 1/8 inch thick.

ONE-CRUST MEASUREMENTS
Follow above method but use these measurements: In Step (A) use 1 1/2 cups flour and 1/2 teaspoon salt. For flour-paste use 1/4 cup flour and 3 table-spoons water. In Step (B) use remaining 1/4 cups flour and 1/2 cup Crisco.

ALL MEASUREMENTS LEVEL.

First time you make a pie by Crisco's New Sure-Fire Pastry Method—you'll feel so set up you'll want to ask the neighbors in to admire that flaky, tender, delicious crust!

But—hold everything! Now you can make just as wonderful pastry time after time!

Gone—these 2 big worries!
The chief reason why pastry has always been so tricky was that cookbooks didn't tell you how much water to add to your dough. You'd have to guess. But if you added a bit too much you'd get a sticky dough—hard to handle and roll out. You'd be smack up against that other big worry, ever-handling the dough. And then—tough pastry!

Thank Crisco—here's sure success!
But Crisco's easy new pastry method ends both these worries... tells you exactly how much water to use! Your dough is just right. No temptation to handle it too much. At last you can be SURE of flaky, tender pie crust!

DON'T WAIT! Clip out Crisco's new pastry method now. Be sure to use Crisco and only Crisco when you make your family's favorite pie. Then hear them rave—"Such flaky crust! Couldn't be better!"

WANT DIGESTIBLE FRIED FOODS? FRY THE CRISCO WAY!

uniform quality and high leavening strength

assure you of delicious, wholesome cakes of fine texture and large volume time after time. Ask your grocer for the double-acting

KC BAKING POWDER
Manufactured by BAKING POWDER SPECIALISTS WHO MAKE NOTHING BUT BAKING POWDER

50 YEARS

MILLIONS OF POUNDS HAVE BEEN USED BY OUR GOVERNMENT

"Seafood at its best"
Dine At The Sign of the Swordfish and Visit the Neptune Spa
DANCING EVERY EVENING EXCEPT MONDAY COCKTAILS 25c

SAM'S SEA FOODS Free Parking
2501 COAST HIGHWAY E. Seal Beach, Calif.
Seven Miles South of Long Beach